

Worksheet for Chapter Two - The Moon - in *Math for Mystics*

The Moon

1. Start watching moon more closely. How soon following the New Moon can you spot the new crescent reappearing in the western sky just after sunset?
2. Find a way to record the nights of each moon's cycle, by notching a stick, working a bead-pattern in a necklace or by some other means.
3. The ancient Egyptians portrayed Thoth as two different creatures, the ibis with its long, curving beak, and the dog-headed ape or baboon (page 16). If you're near a zoo, visit these animals and try to get an Egyptian perspective on them. What animals do you associate with the moon and/or with timekeeping?
4. Try finger-counting the moon cycle (page 18-19).
5. Check an ephemeris or almanac to find the exact time of the next New Moon. Can you feel the change of energy from waning to waxing, as the Moon approaches its exact New Moon moment and then passes it?
6. Do you like working (magic or anything else) in the New Moon (invisible moon) time, or do you prefer to wait a day or two until you actually see Diana's Bow?
7. Experiment with Moon phases to find what times are most effective for you - To study? To rest? To exert yourself physically? To do intense mental work? For example, some folks find they feel best in the moon phase that matches the moon phase at the time of their birth.

This worksheet goes with *Math for Mystics: From the Fibonacci Sequence to Luna's Labyrinth to the Golden Section and Other Secrets of Sacred Geometry* by Renna Shesso
Published by Weiser Books, 2007 (ISBN-10: 1-57863-383-4, ISBN-13: 978-1-57863-383-8), \$16.95